

### **Pathway "The source"**

It is a circular route, short and not particularly demanding, which winds through northernmost part of the Monte Rufeno Nature Reserve.

The name is due to the presence of a source of fresh water, partially collected from the fountain present on the inter-estate road connecting the farmhouses Palombaro, Podere Vecchio and Monaldesca. Once you have passed the Entrance No. 1 of the Monte Rufeno Nature Reserve, the path runs through the woods of the reserve. The land that once were cultivated fields are now "covered" by pine forests of different species, but the typical vegetation of the area is instead the mixed deciduous forest with a prevalence of oaks. Reached "Podere Palombaro" there is the possibility of a short route, through the gravel road that leads back to "Podere Monaldesca", or a slightly longer one that first continues downhill to the Rio Falcione ditch on the border of the reserve and then, going up, it rejoins the starting point.