

Ring of the three regions

It is an inter-regional route that starts from the Selva di Meana Protected Natural Area. Designed and, in part, managed by our cooperative, it is part of the actions inherent in the European Charter for Sustainable Tourism implemented by the Monte Rufeno Nature Reserve. At the beginning it winds along wooded stretches where the cerrete often alternate with reforestation in pine forest at the end of the 1950s. It then passes through the village of San Pietro Aquaeortus, an ancient Benedictine monastery dating back to the year 1000, now renovated. Shortly after the village, for those who want it is possible to add a small variant of not even 2 km to reach Poggio Spino which with its 819 m s.l.m. is the plus point high in the territory of Alleronia from which you can enjoy a wide panorama. Continuing on you will reach the still visible ruins of an old mill on the ditch Grossano, whose clear waters often host amphibians and other local fauna. From here continuing uphill you arrive at the so-called "triple point", the border point between 3 regions: Umbria, Lazio and Tuscany. The second half of the path then becomes Lazio and runs along the path of the Monte Rufeno Nature Reserve, overlapping, in part, with the "Sentiero dei Brigands". The last stretch finally crosses the woods of the Villalba Park, also along the coast the equipped picnic area and returning to the starting point.